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Cockroach elimination will only occur with your help—even the strongest chemicals can only help partially against an infestation of this extremely resilient insect. Part of a successful cockroach elimination program is an extremely thorough cleaning regimen.

Here are some of your responsibilities:

- ☛ Clean every square inch of your tile and linoleum floors—behind the stove, under the fridge, everywhere!
- ☛ Vacuum the entire house and especially along all walls (even behind sofas!).
- ☛ Empty kitchen drawers, cupboards, and pantries and use a heavy-duty cleaner to scrub them
- ☛ Leave nothing under the sink but cleaning supplies. No bags, no rags, no stains. Only a few bottles of cleaning solution should remain.
- ☛ Leave no food in bags—put everything in airtight containers. This includes pet food.
- ☛ Launder all clothing that may harbor cockroach eggs, and make sure your shoes are clean as well.
- ☛ Think about the places you've visited recently—do you suspect a friend's house may have cockroaches? You may have brought eggs from or to their house.
- ☛ Call Sun Pest Management at 800.422.4803 or one of the numbers above to schedule a treatment.